

SPEAKER BOOKLET



PROF. DR. **GEIR** JORDET

Geir Jordet, PhD, is Professor at the Norwegian School of Sport Sciences where he conducts research on psychology and elite football performance. His most extensive research interests involve performing under extreme pressure, cognitive and perceptual underpinnings of decision making, talent development/effective learning, and psychology applied to professional sports.

He has published in leading psychology and sport science journals and his work is frequently featured in major media, such as CNN, Wall Street Journal, New York Times, The Times, BBC, Sky Sports, Guardian, Spiegel, El Pais, Globo and many others. In addition, Jordet operates as a performance psychology consultant specializing in elite and professional soccer, where he regularly advises major organizations such as the English Football Association (FA), the German Football Federation (DFB), the English Premier League (EPL), and many leading clubs and individual players all over Europe. Finally, he is co-founder of BeYourBest, a software company producing cognitive assessment and training solutions for elite football players, and Inside Out Analytics, an analytics/consulting company producing psychological data based on video observations of professional athletes in games.



PROF. DR. **SOPHIA** JOWETT

Sophia Jowett PhD, is a professor of psychology at Loughborough University. Her research work mainly revolves around interpersonal relationships in sport revolving around the coach and the athlete/s.

More recently, this work has started to make an impact on other life domains including work (business, organisations) and school (primary, secondary education). This research is orientated towards “making a difference” through generating knowledge and understanding of the effectiveness of quality interpersonal relationships. Sophia’s research has been funded by such institutions as Economic and Social Research Council, British Academy, Nuffield Foundation, UK Coaching, UK Sport, Sasakawa Foundation, Hellenic Olympic Committee and HSBC. The findings of her research have been published extensively in a range of scientific journals, book chapters and conference presentations held nationally and internationally. Her research has informed coach development across the world. Examples of significant practical impact include her work with UK Sport, Sport England, Sport Scotland as well as various Sport Organisations across the world. Moreover, Sophia served as a Psychologist for the Greek team at the 2004 Olympic Games in Athens.

In 2015, Sophia launched a web-based app known as TANDEM - Working Together for Performance Excellence (www.tandemperformance.com); its development was informed by research and was funded by Higher Education Funding Council for England’s Higher Education Innovation Fund. In 2018, an on-line educational programme called CARE (Coach-Athlete Relationship Empowerment; <http://bit.ly/care-course>) was developed to raise awareness of the significance of the coach-athlete relationship and was funded by the Olympic Studies Centre of the International Olympic Committee. Sophia is an associate fellow and chartered psychologist of the British Psychological Society and can be found on Twitter @JowettSophia and LinkedIn.





PROF. DR. **BRITTON W.** BREWER

Britton W. Brewer is Professor Emeritus of Psychology at Springfield College, USA, where he taught for more than 30 years. He remains active in conducting research on psychological aspects of pain and injury in sport.

His presentation will address the psychology of sport injury prevention and rehabilitation. Topics covered will include psychological antecedents of sport injury, psychological factors in sport injury prevention, psychological responses to sport injury, psychological factors affecting sport injury rehabilitation outcomes, and psychological interventions in sport injury rehabilitation. An approach in which all members of the sport organization can contribute to the application of psychology in service of sport injury prevention and rehabilitation will be advocated.

PETER HABERL

Peter has enjoyed the privilege of having worked at nine Olympic Games, four Pan American Games, and one Paralympic Games with U.S. athletes and teams as a sport psychologist.

He was employed by the United States Olympic and Paralympic Committee from 1998 to 2023 and is now in private practice. He continues to work with U.S. National Teams and athletes as they prepare for the 2024 Olympic Games in Paris. Prior to moving to the U.S., Peter played professional ice hockey in Austria, where he was born and received his bachelor's degree in sports science from the University of Vienna, Austria. He later earned his master's degree in counseling and his Ed. D. in counseling psychology at Boston University. A licensed psychologist, Peter focuses on mindfulness and ACT-based interventions. He is the recipient of the 2011 AASP Distinguished Professional Practice Award.

SAMUELE MARCORA

After a long academic career in the UK (Bangor University and University of Kent), in 2019 Samuele Marcora moves to the University of Bologna as full Professor.

His interdisciplinary research integrates physiology and psychology to better understand fatigue and human performance. Prof Marcora has authored numerous high-impact scientific publications on physical and mental fatigue, endurance performance and soccer, and he is one of the most cited sport scientists in the world. With regards to the third mission, Prof Marcora has been a consultant for many organisations including the Italian Olympic Committee, the Italian Cycling Association, Juventus, Arsenal, Bath Rugby, Benetton Rugby, MAPEI Sport, Honda Racing Corporation (HRC) and ASICS. Furthermore, he has conducted research for the Ministry of Defense in the UK and he is member of the NATO panel HFM-331 „Biomedical Bases of Mental Fatigue and Military Fatigue Countermeasures.“ Prof Marcora is passionate about American football, CrossFit and motorcycling. In 2013, he rode a BMW GS1200 from London to Beijing to investigate fatigue in motorbike riders.

